



ABDULGHANI & CARDAHI
CONSTRUCTION & INSTALLATION co. wll

A&C

HSE PLAN





TABLE OF CONTENTS:

1.0	INTRODUCTION
2.0	ABBREVIATIONS AND DEFINITIONS
3.0	PRACTICES AND PROCEDURES
3.1	POLICY
3.2	FAILURE TO COMPLY WITH SAFETY REQUIREMENTS
4.0	OBJECTIVE
5.0	ADMINISTRATION
5.1	Safety, Health & Environment Organization
5.2	Assignment of Responsibilities
	- HSE Organization Responsibilities
	- Project Manager
	- HSE Manager/Lead Safety Engineer
	- Construction Manager
	- HSE Engineer
	- HSE Officer
	- Construction Engineer
	- Supervisors and Foremen
	- Workers
6.0	GENERAL SAFETY RULES
7.0	ACCIDENT/INCIDENT REPORTING AND RECORDS
8.0	GENERAL PROVISION
8.1	FIRST AID FACILITIES AND MEDICAL SERVICES
8.2	Medical Evaluation Procedure
9.0	DUST CONTROL
10.0	VISITORS AT SITE
11.0	SAFETY AWARENESS
12.0	SAFETY PROGRAM ENFORCEMENT
13.0	FIRE PROTECTION AND PREVENTION
A.	Fire Extinguishers
B.	Communication with the Local Fire Department
C.	Site Clean Up
D.	Smoking
E.	Flammable Materials
F.	Temporary Equipment
G.	Open Fires
H.	Fire Protection Supervision
14.0	OCCUPATIONAL HEALTH
14.1	PROTECTIVE CLOTHING AND EQUIPMENT
14.2	PROTECTION AGAINST ENVIRONMENTAL HAZARD
15.0	SIGNALS AND SIGNAL MEN
16.0	MATERIALS HANDLING AND STORAGE
17.0	WELDING, CUTTING AND OTHER HOT WORKS



- 18.0 TOOLS AND PORTABLE POWER TOOLS**
 - 18.1 HAND TOOLS
 - 18.2 POWER TOOLS
 - 18.3 PNEUMATIC TOOLS
 - 18.4 INSPECTION OF TOOLS
- 19.0 ELECTRICAL INSTALLATION AND EQUIPMENT**
 - 19.1 GROUNDING FOR PROTECTION OF WORKERS
- 20.0 CRANES, HOISTS AND RIGGING EQUIPMENT**
 - 20.1 CRANES
 - 20.2 CRANE AND LIFTING OPERATION
 - 20.3 RIGGING
 - 20.4 INSPECTION
- 21.0 MECHANICAL EQUIPMENT**
- 22.0 TRANSPORTATION OF PERSONNEL**
- 23.0 MOTOR VEHICLES AND PARKING**
- 24.0 PAINTING**
- 25.0 SCAFFOLDS, FALL PROTECTION AND LADDERS**
 - 25.1 Scaffolding
 - 25.2 Fall Protection
 - 25.3 Guardrail Systems
 - 25.4 Personal Fall Arrest System
 - 25.5 Ladders
- 26.0 HANDLING OF POISONOUS AND HARMFUL SUBSTANCES**
- 27.0 EXCAVATION**
 - Before work starts
 - Excavation inspection
 - Protective System
 - Sloping
- 28.0 PRE-ASSIGNMENT SAFETY OREINTATION:**
- 29.0 FORMWORK (CONCRETE, FORM AND SHORING)**
- 30.0 EMPLOYEE TRAINING AND EVALUATION**
- 31.0 SANITATION**
 - Drinking Water
 - Eating
 - Toilets and Washing Facilities
 - Solid Waste and Trash Collection
- 32.0 WATCHING AND LIGHTING**
- 33.0 EMERGENCY RESPONSE PLAN**
- 34.0 MATERIAL SAFETY DATA SHEET (MSDS)**
- 35.0 LOCK OUT – TAG OUT SYSTEM**
- 36.0 HAZARDOUS MATERIAL AND WASTE MANAGEMENT PROGRAM**
- 37.0 MONITORING AND PERFORMANCE REVIEW**